

Discussion Guide
“Jumpstart God’s Blessings”
Living the Blessed Life, #4
January 28-29, 2012
Pastor Steve Myatt

Sharing Question:

1. How have you experienced God’s blessings this past week?
2. Who have you been a blessing to?

Sermon Discussion:

1. Read 1 Thessalonians 5:23. How are we made?
Describe each part. What is our current make-up?
What is the goal of the Christian life? (Galatians 5:16)
2. Read Galatians 5:17. What’s our basic problem? How should we deal with it?
3. What two things does fasting accomplish?
What’s the goal of fasting? (Matthew 4:4)
4. When should a Christian fast?
5. Is there an area of your life that you feel “stuck” or do you feel “dry” in your walk with God—would you consider a fast? How would you do it?
6. Pray for each other.